

# Coaching Advantage Process

## OVERVIEW

The **Coaching Advantage Process** has been **designed within leading global organisations**, and as the name suggests, aims to create 'advantage' for both the organisation and individuals involved.

**CAP for Supervisors and Team Leaders** helps to build a participatory high trust culture. Through **CAP**, supervisors learn to coach and to track performance. This creates **the foundation for empowered individuals and high performance teams**.

## PROGRAMME DETAILS

**Title:** Coaching Advantage Process for Supervisors (CAP 1)

**Unit Standard:** 117877

**NQF Level:** 3

**NQF Credits:** 4

**Duration:** 1 day training with follow-up and telephonic support over two months

**DATES:** Request registration form

**VENUE:** Refer to registration form

## OUTCOMES

- ⦿ Formulate winning life strategies
- ⦿ Understand their triangle of belief
- ⦿ Apply the core skills of an effective coach
- ⦿ Understand how their coachees think, feel and learn
- ⦿ Identify key priority areas for performance improvement
- ⦿ Adopt a structured and disciplined approach to coaching a specific task
- ⦿ Identify essential activities needed to be completed in order to achieve a result
- ⦿ Coach
- ⦿ Apply questioning skills in coaching
- ⦿ Improve communication in the coaching relationship
- ⦿ Know how to guide their coachee's progress and when to provide help
- ⦿ Provide constructive feedback
- ⦿ Build their coachee's confidence and competence

## CAP KEY MILESTONES



One day experiential learning using DYNA's advanced learning methodology



Telephonic coaching conversation to track key milestones



On-site visit to evaluate results produced through coaching

Return on Investment

Duration 2 months

## DRIVEN BY DYNA'S ADVANCED BLENDED LEARNING METHODOLOGY

### Optional Summative Assessment:

Learners wishing to earn credits need to complete a Summative Assessment (portfolio of evidence) after the programme.

### Learner Entry Requirement:

Minimum Grade 1/Std. 8 OR complete a pre-training assessment to determine entry level.

DYNA Training is a national group of companies (Est. 1976) | SSETA Accreditation Number 0072 | BBBEE level 2 contributor